

# Partnered Efforts in Safe Opioid Prescribing

On the Road with OntarioMD  
March 7, 2018

Dr. Kevin Samson

OntarioMD

Empowered Practices. Enhanced Care.



## On the Road with OntarioMD



OntarioMD is taking our accredited Continuing Medical Education content and Peer Leader sessions on the road!

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# OntarioMD Delivers Clinical Value






## Our Delivery Partners



### OntarioMD Initiatives

-  HOSPITAL REPORT MANAGER
-  EMR CERTIFICATION PROGRAM
-  EMR PHYSICIAN DASHBOARD
-  EMR PROGRESS ASSESSMENT TOOL
-  EMR PRACTICE ENHANCEMENT PROGRAM
-  EMR: EVERY STEP CONFERENCE

### Partnered Initiatives

-  PROVINCIAL eCONSULT INITIATIVE
-  eNOTIFICATIONS
-  OLIS
-  ONE ID
-  eREFERRAL
-  PEER LEADER PROGRAM

# Presenter Disclosure

Presenter: **Kevin Samson**

Relationships with commercial interests: **None**

# Disclosure of Commercial Support

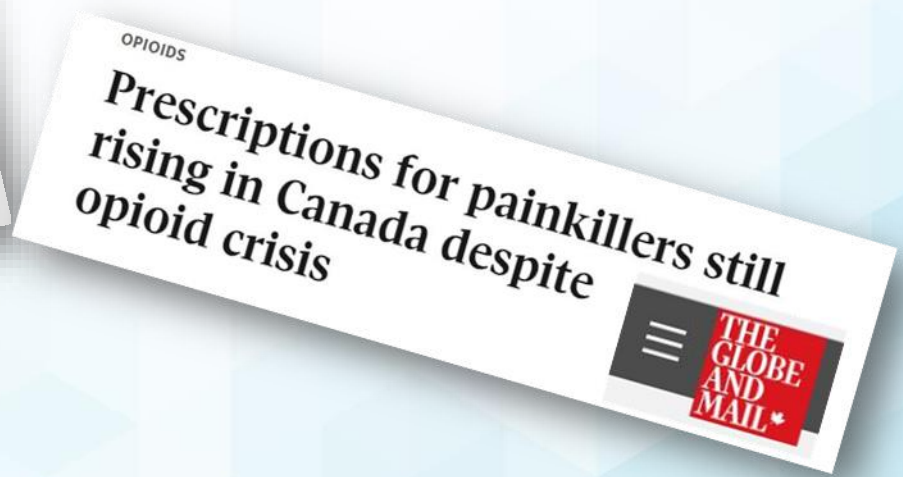
Commercial Support: **None**

Potential for conflict(s) of interest: **None**

# Mitigating Potential Bias

**None**

# Is There an Opioid Crisis?



# Is There an Opioid Crisis?



CANADA June 6, 2017 1:34 pm Updated: June 6, 2017 6:48 pm

## At least 2,458 Canadians died from opioid-related overdoses in 2016: PHAC

By Andrew Russell  
National Online Journalist, Investigative Global News





# Ministry of Health Response



“The devastating impact of opioid use disorder and overdose has reached every community across the province, and crosses all demographics. Our government is committed to working together with our partners across the province to combat this issue through a collaborative, evidence-based, comprehensive approach that will help save lives.”

Dr. Eric Hoskins

Minister of Health and Long-Term Care

As the government rolls out **\$222 million** in new investments to fight the opioid crisis that were announced last week, the Premier and I have directed that the flow of funding for **harm reduction initiatives** be accelerated.

September 7, 2017



**Ontario announces new funding, naloxone distribution plan in battle against opioid crisis**



# Health Quality Ontario's Response

Health Quality  
Ontario

*Let's make our health system healthier*

Qualité des services  
de santé Ontario

*Améliorons notre système de santé*

[OPIOID PRESCRIBING IN ONTARIO](#)

[WHAT WE KNOW](#)

[ACKNOWLEDGMENTS](#)

[METHODS NOTES](#)

[PDF](#)

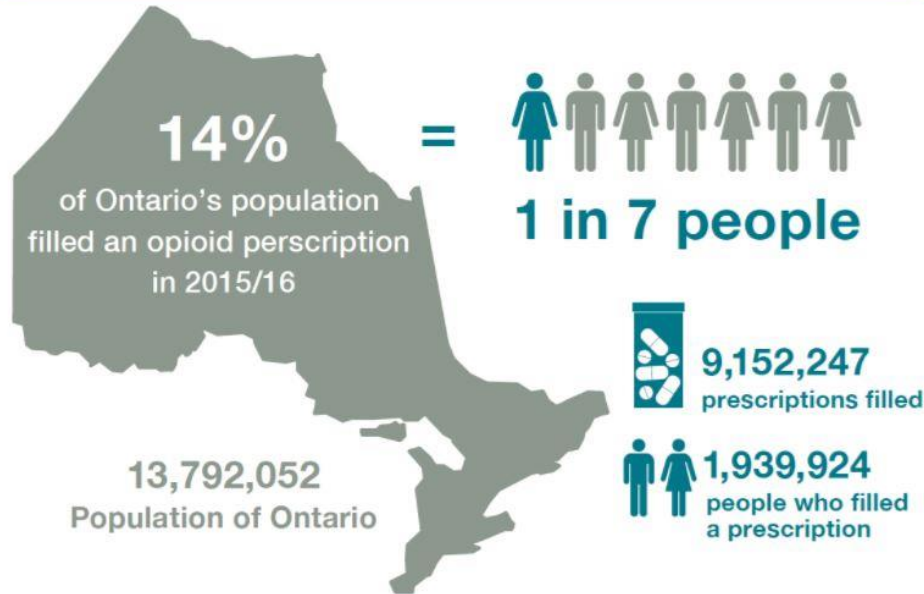
[FRANÇAIS](#)

## 9 MILLION PRESCRIPTIONS

What we know about the growing use of prescription opioids in Ontario

# Health Quality Ontario's Response

Number of people who filled an opioid prescription and number of prescriptions filled,  
2015/16



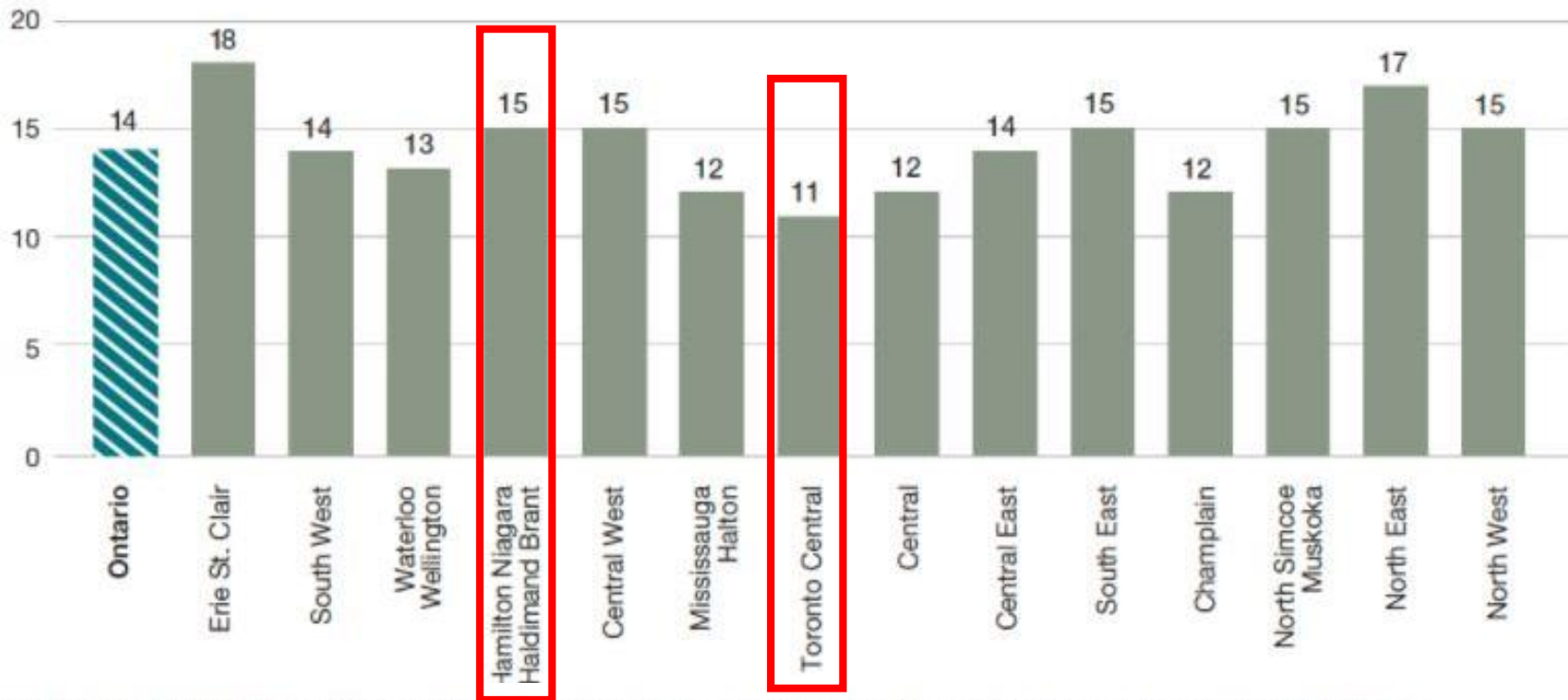
Data Sources: Narcotics Monitoring System, provided by the Ministry of Health and Long-Term Care; Population estimates, provided by the Ministry of Finance

# Which narcotics are prescribed?

Number, proportion and percent change of people who filled an opioid prescription, by opioid type, in Ontario, 2013/14 and 2015/16

| Opioid type                          | 2013/14<br>Number (%) | 2015/16<br>Number (%) | Percent change in<br>number of recipients<br>(2013/14 to 2015/16) |
|--------------------------------------|-----------------------|-----------------------|---|
| Hydromorphone                        | 200,338 (10%)         | 258,741 (13%)         | 29%   |
| Tramadol                             | 164,767 (9%)          | 184,904 (10%)         | 12%   |
| Morphine                             | 98,734 (5%)           | 102,501 (5%)          | 4%  |
| Oxycodone and oxycodone<br>compounds | 523,362 (27%)         | 520,953 (27%)         | 0%  |
| Codeine and codeine compounds        | 985,818 (51%)         | 912,039 (47%)         | -7%   |
| Fentanyl patches                     | 34,747 (2%)           | 28,563 (1%)           | -18%  |

# Opioid Rx's per 100 population by LHINs 2015/2016



Data Sources: Narcotics Monitoring System, provided by the Ministry of Health and Long-Term Care; Population estimates, provided by the Ministry of Finance



## The Opioid Crisis for Clinicians Feels like....



## The Opioid Crisis for Clinicians Feels like....

# What will it take to solve it?

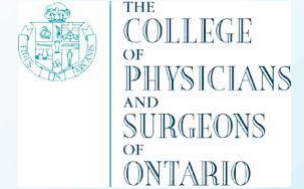
- Complex problem... no simple solution
- Get going before we get good
- Responsibility is all of ours





# Provincial partner work

# Greater chance of success in partnerships



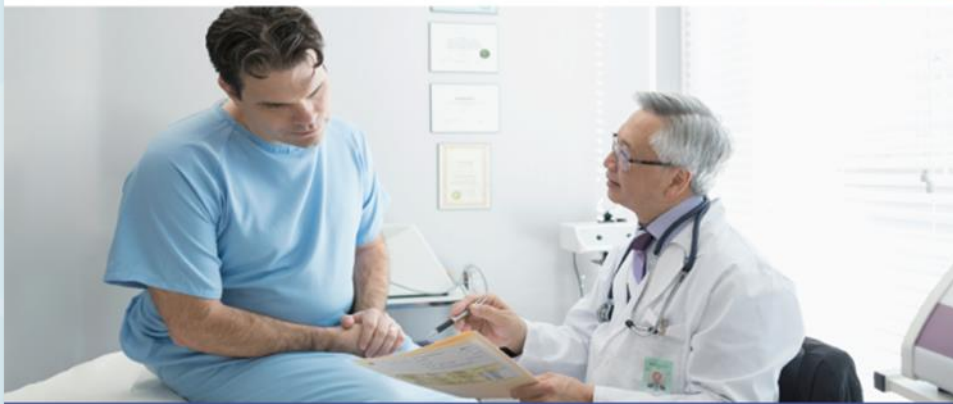


# Health Quality Ontario

## MyPractice

*A tailored report for quality in primary care*

Version Release: X Release: MM YYYY  
PRIVATE AND CONFIDENTIAL



**Health Quality  
Ontario**

*Let's make our health system healthier*

Dr. X  
Reporting Period:  
Group program type:  
Group ID:  
Group LHIN:  
Group Rurality Index of Ontario Board:

# Health Quality Ontario

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Version Release: X Release: MM YYYY

## MyPractice: Primary Care Report

Health Quality Ontario

### Overall Indicators Summary

Data as of March 31, 2017



#### Opioid Prescribing (pages 5-9)

# Patients Dispensed  
an Opioid

**61**

# Patients Newly  
Dispensed an Opioid

**47**

# Patients Dispensed  
an Opioid and  
Benzodiazepine

**8**

# Patients With a High-  
Dose Opioid >90 mg  
MEQ Daily

**1 to 5**

Health Quality  
Ontario

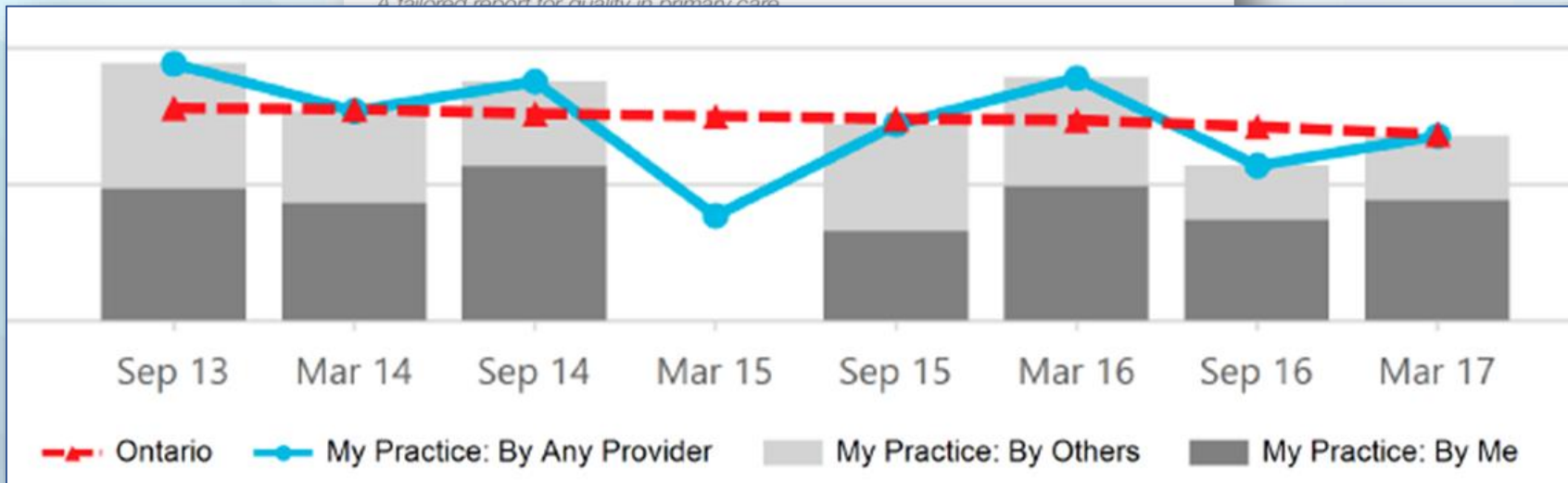
Let's make our health system healthier

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# Health Quality Ontario

## MyPractice

A tailored report for quality in primary care



Ontario

Let's make our health system healthier

Group ID:  
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# Ontario College of Family Practitioners



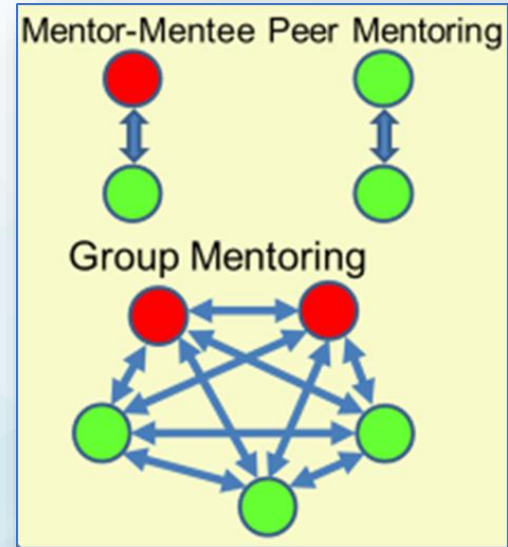
Collaborative  
Mentoring  
Networks

Mental Health

Chronic Pain and  
Addictions

FP Focused

Evidence based





# Centre for Effective Practice

- Guidelines based toolkits
- Academic detailing
  - Combination of education and behavioral change
  - High touch and individualized
  - Up to 1000 clinicians to be supported with funding approval
  - Launching in 2018



Michael G. DeGroot  
National Pain Centre

**OPIOID MANAGER**



# University of Toronto Faculty of Medicine

- Online courses regarding safe opioid prescribing
  - Accredited, 7.5h of time (three modules), Rolling through the year



The Safer Opioid Prescribing Program includes a Webinar Series (3 webinars), followed by an in-person Skill Development workshop.



- Expanding treatment networks throughout the province
- Educational content and courses with partners (in person)
- Subject matter expertise

# College of Physicians and Surgeons of Ontario



- Have identified and contacted highest risk prescribers
- On a path of assisting in a non-punitive way with guidance and steering people to seek help without acting reflexively
- Public safety: do not want abrupt withdrawal of narcotics

# Association of Family Health Teams of Ontario



- QIDSS support for data analysis on the EMR
- Quality reporting through D2D
- EMR algorithms to identify at risk patients on opioids
- Working with CAMH on education delivery

# Practice Based Approach

- Tier 1 High Risk
  - High volume Rx
  - High dose Rx
  - High risk patient population
- Tier 2 Medium Risk
  - Medium risk practices due to patient population or prescribing variance
- Tier 3 Average Risk
  - Average practices

# Individualized Support

- Assistance to physicians to meet their needs and support analysis of their practice
- Education for change in prescribing habits
- Assistance with skills in reducing narcotic starts
- Learning about techniques for gradual tapering where appropriate
- Ensuring that doctors do not feel alone in the journey

# What can you do in your EMR?



- List patients on opioids
- Morphine Equivalents (MEQs)
- List high dose patients
- List patients on opioids and benzo's
- Narcotics contracts
- Screening tools – ORT, BPI, ...

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- List patients on opioids
- Morphine Equivalents (MEQs)
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- Narcotics contracts
- Screening tools – ORT, BPI, ...
- Reminders
- Decision support tools
  - Starting, Rotating, Tapering
- Resources and references
- ...



# EMR Tools

The 2017 Canadian Guideline for Opioids for Chronic Non-Cancer Pain



National pain center



Canadian Guideline  
for  
Safe and Effective Use of Opioids  
for  
Chronic Non-Cancer Pain

**PRACTICE TOOLKIT**

**Opioid**

55 MEQ's

Meds

Visit

Screening Summary

Tools Handouts References

# Opioid Screening

| Screener             | Date of Latest | Result |
|----------------------|----------------|--------|
| Agreement            | Sep 19, 2017   |        |
| Brief Pain Inventory | Sep 20, 2017   | Pain s |
| Opioid Risk Tool     | Sep 20, 2017   | Opioid |
| Functional Ability   | Sep 20, 2017   | Func   |
| Depression PHQ-9     | Sep 20, 2017   | Depre  |
| Urine Drug Test      | Sep 20, 2017   |        |
| Opioid Compliance    | Sep 20, 2017   | Comp   |

Patient Instructions Lock Clear Print

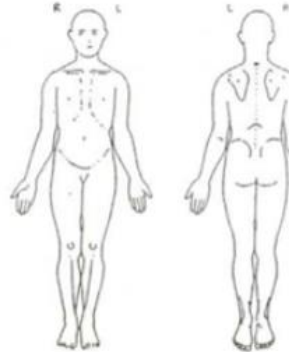
## Brief Pain Inventory (BPI)

Patient Name First Test D.O.B

1. Throughout our lives, most of us have had pain from time to time (aches, pains, toothaches). Have you had pain other than these everyday pains?

Yes  No

2. On the diagram, shade in the areas where you feel pain.



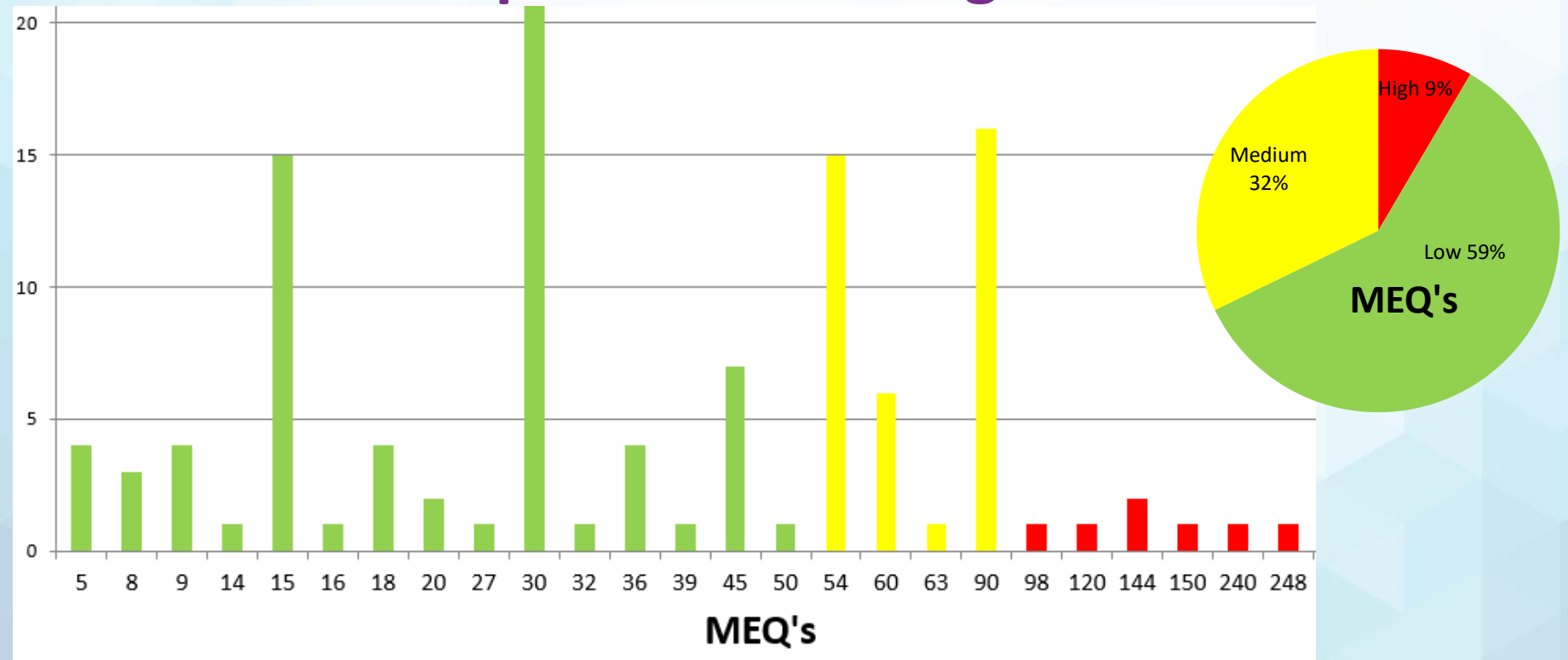
3. Place an "X" on the one number that best describes your pain at its **worst** in the last 24 hours

No pain 0 1 2 3 4 5 6 7 8 9 10 Pain as bad as you can imagine

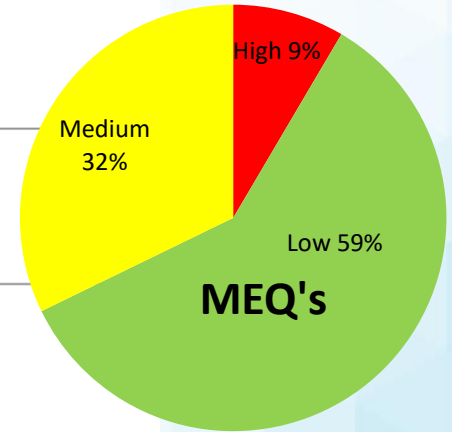
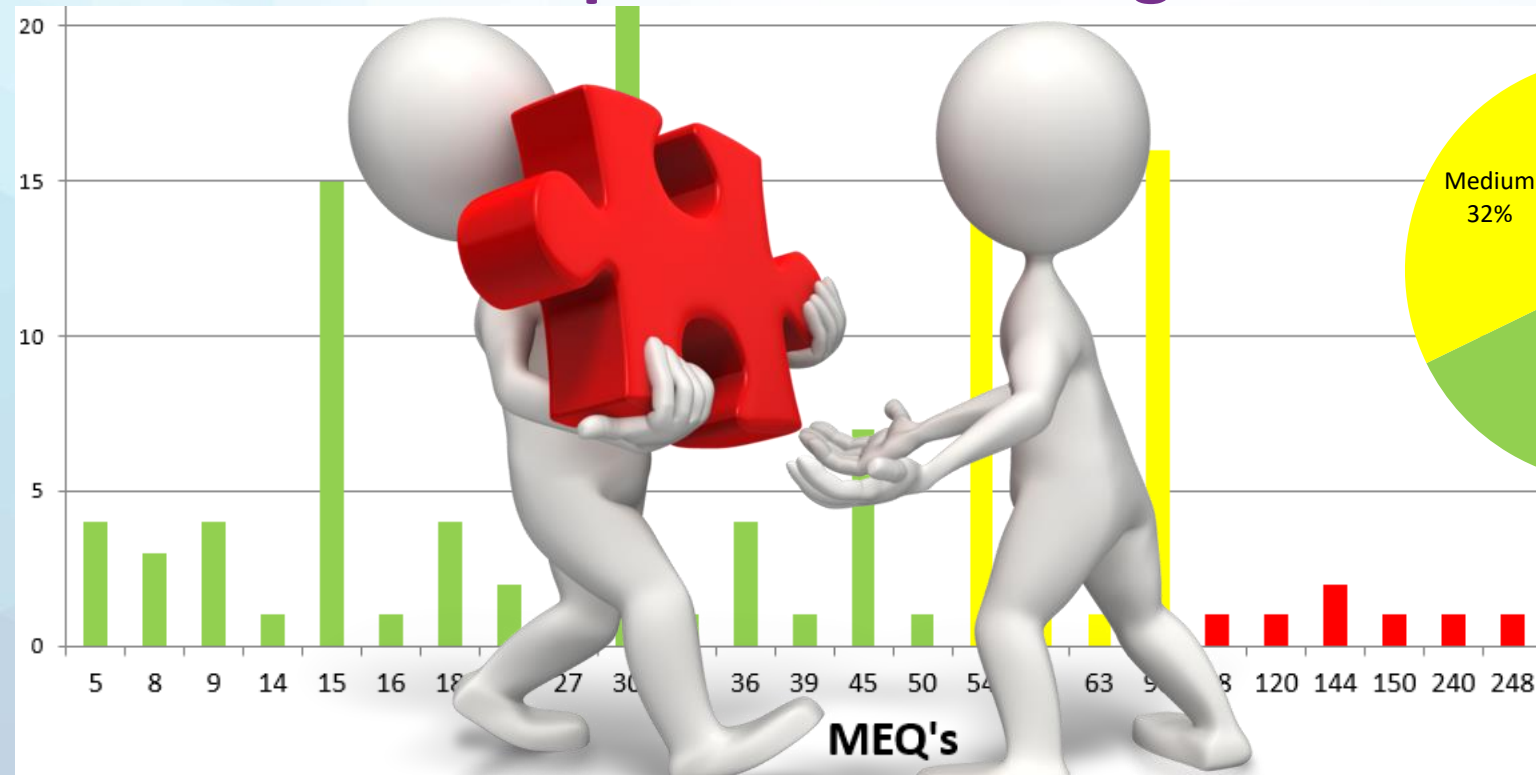
4. Place an "X" on the one number that best describes your pain at its **least** in the last 24 hours



# Opioid Prescribing Data



# Opioid Prescribing Data



# Partnered Efforts in Safe Opioid Prescribing



**Thank You!**

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The views expressed in this publication are the views of OntarioMD and do not necessarily reflect those of the Province.